

# Uplands Park School News

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[On the traditional and unceded territory of the Snuneymuxw People](#)



## SCHOOL HOURS

### Monday - Friday:

8:40 am	Welcome Bell
10:30 am	Short Recess – outside play
10:45 am	Instruction Continues
11:45 am	Long Recess – outside play
12:20 pm	Welcome Back Bell - Lunch/Read
2:20 pm	Classes Dismiss for the Day

Office Hours: 8:00 am – 3:00 pm

## Principal's Message

Uy'skweyul (good day). First, a huge thank you, huy'ch'qa, to all of you for your patience and understanding as we navigated the return to school.

It's hard to believe that it is already October and that means parent/teacher conferences will be happening soon. We will have more information for you soon as they will look much different this year given that we are unable to meet fact to face. We will be conducting meetings virtually but if you are unable to attend please make sure to schedule a time with your child's teacher. Please also remember that you can reach out to your child's teacher at any time for information about their progress or if you have any questions or concerns.

Everyone at Uplands appreciates all you do to make our school the great community it is.

Thank you, huy'ch'qa

Ed Young, Principal

**Hul'qumi'num' Word of the Month: huy'ch'qa (pronounced hi-ch-ka) which means "thank you"**



## Save the Date!!

October 8-PAC Meeting (virtual)

October 9-Pro-D Day (no school)

October 12-Thanksgiving (no school)

October 14-Picture Day

October 15-Shake Out BC

October 19-22-Parent Teacher Conferences

October 23-Non-Instructional Day (no school)

October 27-Picture Re-take day

# Connecting with Families

Communication with families will look different this year. In addition to ongoing communication you receive from your child's teacher, you can expect any of the following:

- phone call
- Microsoft Teams virtual meeting
- Fresh Grade Post
- Newsletters (both digital and hard copy)

## October is Fire Safety Month

Please make sure to speak with your child(ren) about fire and earthquake safety procedures. Discuss what you can do at home to encourage safety, including creating an evacuation plan and holding practice drills. Uplands students and staff will be participating in the Great British Columbia Shake Out with thousands of Canadians on October 15<sup>th</sup> at 10am. Please see Earthquake Safety Tips below.

## Nut Aware

A reminder that Uplands Park Elementary is a nut aware school Thank you for helping to keep our students and staff safe.

## Provincial Election

The premier has called for an election which has been set for Saturday October 24<sup>th</sup> 2020. Uplands Park will be used as an election site. We will have more information for you as the day draws nearer.

## Terry Fox Run

Our school took part in the Terry Fox run again this year. It looked much different than in previous years, as students were running in different parts of the school grounds at different times, but everyone involved had a great time raising money for a great cause.

## Orange Shirt Day

Thank you to everyone who honoured residential school survivors by wearing an orange shirt. Orange Shirt Day is a day that we make a special effort to keep the discussion and awareness alive about the legacy of Indian Residential Schools and move towards reconciliation. For more information please visit [www.orangeshirtday.org](http://www.orangeshirtday.org)

## Earthquake Safety

**Step 1:** [Secure your space](#) by identifying hazards and securing moveable items.

**Step 2:** [Plan to be safe](#) by creating a disaster plan and deciding how you will communicate in an emergency.

**Step 3:** [Organize disaster supplies](#) in convenient locations.

**Step 4: Minimize financial hardship** by organizing important documents, strengthening your property, and considering insurance.

**Step 5: Drop, Cover, and Hold On** when the earth shakes.

**Step 6: Improve safety** after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage

**Step 7: Reconnect and Restore** daily life by reconnecting with others, repairing damage, and rebuilding community.